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# My Damage: The Story Of A Punk Rock Survivor



## Synopsis

Keith Morris is a true punk icon. No one else embodies the sound of Southern Californian hardcore the way he does. With his waist-length dreadlocks and snarling vocals, Morris is known the world over for his take-no-prisoners approach on the stage and his integrity off of it. Over the course of his forty-year career with Black Flag, the Circle Jerks, and OFF!, he's battled diabetes, drug and alcohol addiction, and the record industry...and he's still going strong. *My Damage* is more than a book about the highs and lows of a punk rock legend. It's a story from the perspective of someone who has shared the stage with just about every major figure in the music industry and has appeared in cult films like *The Decline of Western Civilization* and *Repo Man*. A true Hollywood tale from an L.A. native, *My Damage* reveals the story of Morris's streets, his scene, and his music; as only he can tell it.

## Book Information

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## Customer Reviews

I've been reading lots of non-fiction/oral history/auto-biographical books about the punk scene for years. *Please Kill Me*, *We Got the Neutron Bomb*, *American Hardcore*, *A Whaling of a Town*, the Husker Du story, Bob Mould's book, Jack Grisham, John Doe and Dave Dictor just recently published their own books... Usually I pick at them here and there when I've got nothing else to do and it takes me weeks to eventually finish them. *My Damaged* is one that I read very quickly. Not often I find myself reading a book at 7AM on a Sunday morning, but that's what happened with this. (The kitties woke me up for their breakfast and rather than go back to sleep...) I got into punk in 1982 and the Circle Jerks were one of the first bands I glommed on to and claimed as my own, and I still

listen to them now and again to this day. Keith is a real character and his story is real, and interesting. Real interesting. Ahem. Anyway, I loved it and think it might even be a good read for someone who isn't a fan.

Great weekend read. Never got to see the Black Flag Keith but have seen him thru all the rest leading up to a few months ago with Flag. So Keith, thank you for the music over the years and thank you for this book. Enjoyed it.

Its fabulous, I just finished it and want to read it again. The guy is no BS I would love to meet him I have seen him a few times and he never disappoints on stage. THANK YOU Keith. I hope he does another book soon! I had two books going and dropped them both when I got this now that I finished Im depressed I wish it was longer! Rock on brother Keith, I know a few people mentioned in the book and they all agreed no one is like Keith, a true original and he is not changed or influenced by others or by fame..etc... Hes the real deal STILL after all these years. How many people can say that?

If you're a Keith Morris fan, this is a great read. His voice comes through loud and clear. There were times when I wanted a little more information (dirt?) but he stuck to his guns and just presented his story, warts and all, no bulls\*\*\*, no whining, no drama. You have to respect that.

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